

ACTIVITY REPORT

April 2019 - October 2022



CENTRE FOR WOMEN'S STUDIES AND RESEARCH

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MESSAGE FROM THE VICE CHANCELLOR



It is a matter of great satisfaction that the" Centre for Women's Studies and Research" (CWSR), University of Kashmir is bringing out its third report spanning from 2019-2022. Being its founder Director, I am happy that Centre is taking initiatives in all areas of academic and advocacy programmes.

The Centre since its inception has been instrumental in organizing programmes related to gender issues in the form of campaigns, workshops, seminars, conferences and lectures in collaboration with government and non government organisations across India. It gives me immense

pleasure to note that the Centre has been instrumental in empowering rural women through awareness campaigns. I am sure that with their continuous efforts in the right direction, the Centre will scale new heights. The Centre is playing a key role in carrying out extension and outreach activities.

I am also happy to note that the Centre has been organizing regular health awareness campaigns in the valley. The Centre has carried out its activities during the period of pandemic and has also taken initiatives in the field of research and publication. At present, the CWSR is successfully running Masters Programme in Gender Studies.

Keeping in view the contemporary challenges faced by present day women there is an increased responsibility upon CWSR to educate women about their rights, responsibilities, security and other social issues.

I am hopeful that CWSR will keep on striving for excellence in teaching, research as well as extension work in order to be recognised as one of the best Women's Studies Centre at national level.

I convey my best wishes to CWSR for its future academic and research endeavour



MESSAGE FROM THE REGISTRAR



I am glad to know that Centre for Women's Studies and Research (CWSR), University of Kashmir is bringing out its third comprehensive Activity Report for the period 2019-2022. This shall prove to be an excellent medium for providing an insight in to the outreach activities, contributions and achievements made by the Centre. This shall further act as a source of inspiration for the

Student community and Society in general to act as catalyst for furthering the Agenda of Women Empowerment

I believe that Centre is progressing well and has been achieving its goals in a purposeful direction. The Centre has been at the forefront in playing a key role in the empowerment of women in general and women belonging to weaker and underprivileged sec-

tions in particular by collaborating with different governmental as well as non-governmental organizations.

I Congratulate the whole team associated with the release, for their hard work and wish them all the success in their future academic endeavours. I am hopeful that the Centre shall continue with the good work in the future as well.



MESSAGE FROM THE COORDINATOR



The Centre for Women's Studies and Research holds a significant place in the University of Kashmir since 2006-the year of its establishment. Over the years, Women's Studies/Gender Studies as an academic field has been recognized as a growing and crucial academic discipline in the University. The University of Kashmir has also become gender inclusive space in terms of its policies. The credit for these developments goes to the presence of the Centre and its continuous efforts to sensitize the faculty and the students on issues related to women and gender.

The Challenges brought by pandemic Covid-19 has definitely resulted in the change in format of every academic and nonacademic activity of the Centre. Though we decided to defer the routine publication of annual activity report, we continued our efforts to bring out the experiences of women that have not been part of mainstream knowledge development. Our focus has been to bring women's knowledge to visibility, through teaching as well as other activities such as webinars, seminars, workshops, extension and outreach activities etc. In addition, we are trying to build strong networks with government and non-governmental organizations to understand and cater to the needs of women in general and marginalized women in particular. The Centre's main activities have focused on the awareness programmes on 'female health and hygiene' in far flung rural areas of Kashmir, 'skill development' of women from marginalized communities such as fisherwomen and Gujjar women, holding debates on various is-

sues of women under the banner Azadi ka Amrit Mahotsav etc.

Appreciation goes to the Honourable Vice-Chancellor, Prof Nilofer Khan, who founded this Centre in 2006 and played a vital role in launching its main courses namely three months Certificate Course in 'Women and Law' and two years PG Programme in 'Gender Studies'. The Centre is indebted to her continuous guidance and her tremendous support. Prof Tabasum Firdous who served the Centre as a Coordinator for more than 3 years carried the lamp of hope with honesty and dedication.

Last but not the least, it has been my honor to serve as the Coordinator of this Centre for this year, I hope to put in the best and contribute towards excellence of the Centre.



ABOUT THE CWSR

The "Centre for Women's Studies and Research" (CWSR) was established in August 2006 under the visionary leadership of the Vice-Chancellor Prof. Abdul Wahid Qureshi and Prof. Nilofer Khan, the Founder Director of the Centre. The Centre was established under the aegis of UGC. In 2018, Prof. Tabasum Firdous was appointed as the Coordinator of CWSR. Presently, Dr. Shazia Malik is heading the Centre as the Coordinator and is giving it new heights

Currently, CWSR has six faculty members and one research officer: Dr. Shazia Malik (Assistant Professor), ,Dr. Roshan Ara (Assistant Professor), ,Dr. Suhail Ahmed (Contractual Lecturer), Dr. Abdul Basit (Contractual Lecturer) and Dr. Rabiya Yaseen Bazaz (Contractual Lecturer), Dr. Rubeena Akhter (Contractual Lecturer) and Dr. Fatima Buchh (Contractual Research Officer).

Women's Studies Programme (WSP), an integral part of the School of Social Sciences, was conceived of as a distinct space for engaging questions relating to women and gender, both in teaching and research. CWSR seeks to study issues related to gender in an interdisciplinary and comparative framework, thereby providing the space for creating a vibrant community of feminist academics, faculties, students, activists and artists concerned with issues of gender, sexuality and empowerment within the larger framework of power in society.

Since its inception, the CWSR has undertaken several projects with generous grants and a very broad-based research focus which has led to theoretical studies and action based research. The Centre is acting as a catalyst for promoting and strengthening WSP through teaching, research, curriculum development, field and extension work, training and continuing education. Throughout the academic year, CWSR organises variety of lectures, workshops, seminars, outreach programmes and other activities relevant to the theme of WSP. In the upcoming years, the Centre is looking forward to educate the community about gender issues and to provide a safe psychological and physical space for all women and men interested in gender issues. The Centre, through its regular teaching, research work and other complementary and academic roles aims at strengthening the national goals of gender equality and contributing in the policy making. The Centre also aims at creating gender friendly environment for the women by developing their full potentials and by providing educational, health care, and occupational opportunities.

The Centre has a library which is open to students and faculty members from all over the University. The CWSR library is a specialized resource centre housing one of the most comprehensive collections of published and unpublished material on women in India, gender theory and gender-related scholarship in varied scholarly domains such as Politics, Sociology, Education, Economics, History, Anthropology, etc. CWSR faculty publications appear regularly in the form of books, book and/or journal articles, reports and monographs at national and international level. Shortly, CWSR is going to produce its first women's studies journal namely Journal of Gender Research. The two year PG programme includes 16 Core Courses, 12 Disciplinary Centric Electives Courses, 6 Open Electives/Generic Electives Courses.

REPORT FOR THE SESSION

April 2019- March 2020

SEMINARS

Seminar on "Women Leadership: Ensuring Generation Equality"

Within the rubric of the Generation Equality, CWSR organized a seminar on "Women Leadership: Ensuring Generation Equality" in collaboration with ELFA International on 8th of March, 2020 .The seminar focused on how diverse leadership can change the world for gender equality. The event brought together young leaders from different parts of the Kashmir to focus on the importance of inclusive leadership and the change it can bring for all girls and women. The event discussed issues related to women's leadership and addressed the conditions needed for women to participate in decision-making as well as ensuring the younger generation share their recommendations and reflections.



Seminar on Generational **Equality: Realizing Women's Rights**

On the eve of International Women's Month, CWSR organised one day seminar on Generational Equality: Realizing Women's Rights in collaboration with Dean Students Welfare (DSW) on 19th of March, 2020. Experts spoke on the event where they stressed on the point that women's rights are human rights, and advancing gender equality is fundamental to ensuring the health, freedom, dignity, and liberty of all people. The seminar discussed issues like equal pay, equal sharing of unpaid domestic work, sexual harassment and violence against women, health care services that disproportionately respond to the needs of women, and their unequal

participation in political life and in decision-making across all walks of life. Besides, the event also emphasized about the analogy that promoting gender equality isn't merely the right thing to do, but it's also the smartest thing to do and how such interrelationship needs to be institutionalized at individual as well as collective level. Supporting the health and rights of all girls and all women creates a positive ripple out effect for everyone; lifting up families, societies, and economies. In fact, evidence shows that a gender-equal world is healthier, wealthier, more equitable, more peaceful, more productive and most importantly an egalitarian in nature.

EXTENSION LECTURES/EXHIBITIONS



Extension Lecture on Gender and Development

CWSR organised extension lecture by Prof. Arvinder Ansari (Department of Sociology, Jamia Milia Islamia, New Delhi) on "Gender and Development" on 9th of April, 2019. Prof. Arvinder Ansari highlighted that 'gender analysis is a valuable descriptive and diagnostic tool for development planners and crucial to gender mainstreaming efforts. The methodology and components of gender analysis are shaped by how gender issues are understood

in the institution concerned. The Gender Roles framework focuses on describing women's and men's roles and their relative access to and control over resources. The speaker also endorsed that such kind of analysis aims to anticipate the impacts of projects on both productive and reproductive roles. It takes the household, rather than the breadth of institutions, as the unit of analysis and tends to assume that women are a homogeneous category.'

Exhibition Programme with Help Foundation

The primary motto of CWSR is to help marginalized women and to sustain such legacy in letter and spirit. CWSR held an exhibition cum sale interface in collaboration with 'Jammu and Kashmir Help foundation' headed by Mrs. Nighat Shafi Pandit on 9th of July, 2019. This exhibition helped the marginalized women artisans to sell their products and also build a much needed socio-economic network. The initiative also helped women in their skill development and promotion of products through exhibition. Handicrafts items were largely produced by women workers.

Research Activites

CWSR faculty is engaged in rigorous research activities. Every year CWSR faculty along with the students carry various research projects with the objective of studying women issues and inculcating research skills among the students. Master's Dissertations are the part of the 'Masters Course Work' where students are given extensive knowledge regarding the planning and execution of the research. Faculty and students of CWSR have conducted numerous Master's dissertations on various themes for the session 2019-2020 and the details are summarized below:

Women Entrepreneurship in Conflict Zones: A Study of Women Entrepreneurs of Jammu and Kashmir	Dr. Roshan Ara
A Study on Victimized Subjectivity of Muslim Women in India: Revisiting Debate on Triple Talaq	Dr. Shazia Malik
Half Widows in Kashmir: Relating the Socio-Cultural and Socio-Political Disenfranchisement	Dr. Suhail Ahmad
Evaluation of Various Women Specific Scheme under Integrated Child Development Scheme	Dr. Abdul Basit Naik
Kashmir Law Circle and Women's Issue in Kashmir	Dr. Abdul Basit Naik
ICDS: An Evaluation of the Scheme for Adolescent Girls and its Implementation in Kashmir	Dr. Saimah Bashir

CADRE WISE FACULTY STRENGTH				
S.NO.	NAME DESIGNATION			
01	Dr.Tabassum Firdous Coordinator, CWSR (Additional Charge)			
02	Dr. Shazia Malik Assistant Professor (Permanent)			
03	Dr. Roshan Ara Assistant Professor (Permanent)			
04	Dr. Suhail Hakak	Assistant Professor (Contractual)		
05	Dr. Basit Naik	Assistant Professor (Contractual)		
06	Dr.Saimah Bashir	Assistant Professor (Contractual)		

S.NO.	NON - TEACHING			
1	Sakib Rashid Zargar (Research Assistant)			
2	Omer Farooq (DEO)			
3	Dr. Fatima Buchh (Research Officer)			
4	Humaira Yaqoob (Assistant Programmer)			
5	Mushtaq Ahmad Bhat (HA)			
6	Lateef Maqdoomi (Sr. Assistant)			
7	Mohd Maqbool Dar (Orderly)			
8	Samreena (Class IV)			
9	Ab. Rashid (Record Keeper)			
10	Hafiza Akhter (Sweeper)			

FACULTY PUBLICATIONS

- ♦ Shazia Malik (2020) "Violence and Motherhood in Kashmir: Loss, Suffering, and Resistance in the Lives of Women" in Journal of International Women's Studies, 21(6): 312 -323, ISSN: 1539 8706.
- ♦ Roshan Ara (2019) "Making Gender Matter: A Policy Perspective" International Journal of Development Studies and Research, 8(3): 20-39 ISSN: 2278–8654.
- ♦ Roshan Ara (2019) "Gender Equality and Women Empowerment in India" in Women Empowerment and Emancipation (Edt.), Delton publishing House, Delhi (ISBN: 9789387631250).
- ♦ Suhail (2019) "Twitter sentiments related to natural calamities: Analysing tweets related to the Jammu and Kashmir floods of 2014", The Electronic Library, Vol. 36 Issue: 1, pp.38-54, doi: 10.1108/EL-122015-0244 [Clarivate Analytics JCR Impact Factor 2018: 0.886] [ISSN: 0264-0473]. Publisher: Emerald: UK. Indexed in Scopus & Web of Science.
- ♦ Suhail (2019) "Influence of personality traits on open access mode of publishing", Online Information Review, Vol. 42 Issue: 4, pp.535-544, doi: 10.1108/OIR-11-2016-0335 [Clarivate Analytics JCR Impact Factor 2018: 1.928] [1468-4527]. Publisher: Emerald: UK. Publisher: Emerald: UK. Indexed in Scopus & Web of Science.

	DETAILS OF ACADEMIC PROGRAMMES				
STUD	STUDENTS ENROLLED FOR POST GRADUATION PROGRAMME IN THE YEAR 2019				
	MASTERS IN GENDER STUDIES				
ВАТСН	DURATION	NO. OF STUDENTS ENROLLED	OPEN MERIT	CATEGORY	PAYMENT
2018	02 years	21	19	02 (RBA, WUP)	Nil
2019	02 years	23	13	02 (ST & RBA)	08

OTHER ACCOMPLISHMENTS OF THE CENTRE

- 1. *Friday Seminar:* The Centre introduced *Friday Seminars*, where faculty members along with students conducted seminars in which students experience various co-curricular activities like group discussions, Book and Article Reviewing, Student-Teacher Role Reversal activities, Screening of movies and the subsequent reviews etc.
- 2. *Infrastructure:* In order to upgrade its library, the Centre puchased 253 new books.

REPORT FOR THE SESSION

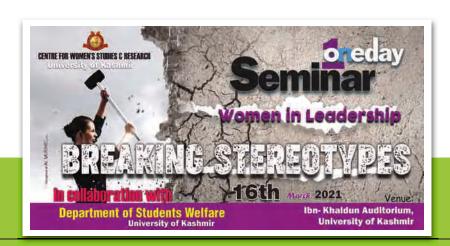
April 2020 - March 2021

SEMINARS

Seminar on Women in Leadership: Breaking the Stereotypes

The New Year brought new resolutions and new action plans. CWSR marked the beginning of the new-year with the resolution of breaking gender stereotypes and removing gender-based discrimination. On 16th of March, 2021, CWSR organized a one day seminar on the theme "Women in Leadership: Breaking the Stereotypes." Former Vice-Chancellor of Kashmir University, Prof. Talat Ahmad inaugurated the seminar which was organized as part of the varsity's series of academic activities pertaining to the celebration of the International Women's Day. The day-long seminar "Women in Leadership: Breaking the Stereotypes" was organized jointly by the Centre for Women's Studies and Research (CWSR)

and Department of Students Welfare (DSW). In his presidential address, Prof Talat said that women leaders have done a remarkable job in different fields, including academia, politics, business and others to find innovative solutions to some of the pressing issues facing the world. Former Chief Justice of J&K High Court, Justice (retired) Bashir A Kirmani, who was the guest of honour, traced the history and genesis of division of labour amongst men and women since times immemorial. KU Registrar Dr. Nisar Ahmad Mir, who was the special guest on the occasion, said the university shall provide its support to endeavors aimed at women empowerment, alongside rendering its full assistance to the development of the CWSR and DSW.







omen in Leadership: Breaking the Stereotypes

roceedings of a day-long seminar organised by jointly by Kashmir University's sentre for Women's Studies and Department of Students Welfare

SK News Networ

Srinagar, March 22, 2021, 1:00 AM UPDATED: March 21, 2021, 11:12 PM

Chancellor of Kashmir University (KU), Prof. Talat Ahmad inaugurated a seminar on in 16 which was organised as part of the varsity's series of academic activities using to the celebration of the International Women's Day.

long seminar "Women in Leadership: Breaking the Stereotypes" was organised to Centre for Women's Studies and Research (CWSR) and Department of lifare (DSW).

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as and others to find innovative

TRENDING NEWS



Four LeT militants killed, soldier injured in Shopian gunfight He said the world today recognises beyond a shade of a doubt the importance of diversity in leadership.

"To realise this goal, it is important to ensure that women have economic freedom as well as freedom in terms of thinking and decision-making," he said, congratulating the CWSR and DSW for organising the seminar to continue the discussion and conversation on gender balance.



Prof Talat said even during the ongoing Covid-19 pandemic, countries led by women have performed exceptionally well to cruise through the unprecedented crisis.

The Vice-Chancellor also released a book 'Gendering Women in 21st Century: Critical Perspectives' edited by Dr Tabassum Firdous and Ashfaq Masood Ali, on the occasion.

Former Chief Justice of J&K High Court, Justice (retired) Bashir A Kirmani, who was a guest of honour, traced the history and genesis of division of labour amongst men and women since times immemorial.

"There is no doubt that education of women is very important.

There have to be no two opinions about it," he said, asserting that it's important for everyone to recognise and realise the distinct identity of women, their intellectual capabilities and competencies and also the importance of taking their views and opinions matters that concern people collectively.







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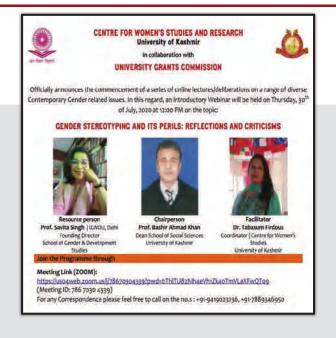
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WORKSHOPS / WEBINARS

Webinar on Gender Stereotyping and its Perils: Reflections and Criticisms

The onset of Covid-19 pandemic and concomitant closure of all institutions including University of Kashmir didn't stop CWSR from its intervention. Online mode became the new normal and Centre acclimatized immediately towards the changing modus operandi. It is in this regard, CWSR in collaboration with University Grants Commission (UGC) organised a Webinar on "Gender Stereotyping and its Perils: Reflections and Criticisms" on 30th July, 2020. Speaking on the event Prof. Savita Singh (Resource person of the event) said "gender stereotype is a generalized view or preconception about attributes or characteristics, or the roles that are or ought to be possessed by, or performed by, women and men. A gender stereotype is harmful as it limits women's and men's capacity to develop their personal abilities, pursue their professional careers and/ or make choices about their lives".





Webinar on Women Empowerment and Gender Sensitization

CWSR in collaboration with UGC organized another comprehensive Webinar on "Women Empowerment and Gender Sensitization" on 19th of August, 2020. Prof. N. Manimekalal who is Dean Faculty of Arts, Head and Founding Director of Bharathidasan University spoke on women empowerment. Speaking on the issue she said that "women's empowerment can be defined to promoting women's sense of self-worth, their ability to determine their own choices, and their right

to influence social change for themselves and others. Gender inequality is a long-term problem in our society and female are discriminated in many ways despite the fact that legally women have equal rights". She further said that "there is a great need to sensitize the society on gender issues so that there would be no discrimination on the basis of gender. Women empowerment through gender sensitization is one of the key criteria to unlock the potential of women".

Webinar on 'Women Empowerment & Gender Sensitization' held at KU

y KR Desk on 12:52 am August 20, 2020 · No Comment



Empowerment and Gender Sensitization' on Wednesday.

The webinar was conducted by the Centre in continuation of the recently commenced series of lectures and deliberations on varied gender related themes.

The webinar was chaired by Registrar University of Kashmir Dr Nisar A Mir.

Dr. Nisar Ahmad Mir in his deliberation reflected upon the sensitivity of the issue and gave a comprehensive account of how the gender inequality has been a pre-existing phenomenon since the ancient times.

Calling gender inequality a universal phenomenon, Dr. Mir laid emphasis upon the importance of creating sensitization about the issue, particularly about the manifestations of it at workplaces. The speaker of the event was Prof. N. Manimokalai, Dean Faculty of Arts, Head and Founding Director, Centre for Women's Studies Bharathidasan University.

Prof. N. Manimokalai gave a detailed talk on the dynamics of gender sensitization and its values for human existence. The speaker reflected upon the need to talk about multiple inequalities that exist in our society and analyze the same in the light of the 'problem of intersectionality'.

She called upon the need for everyone to be sensitive to the issues of gender particularly in the field of education and employment. She also emphasized upon the fact that how during this period of pandemic there has been a further marginalization of women, besides laying stress upon 'equality', 'equity' and 'liberation'. In her inaugural speech, the facilitator of the Webinar, Coordinator Centre for Women's Studies and Research, Prof. Tabasum Firdous welcomed all the participants and reflected upon the importance of gender sensitization for women

While presenting the Vote of thanks and concluding remarks Prof Firdous expressed her utmost conviction of the significance of gender sensitization in eradicating the phenomenon of gender inequality effectively. She also thanked Chairperson of the event Dr. Nisar Ahmad Mir for his encouraging remarks for the event and the speaker for her comprehensive presentation.

Some of the students also shared their views on the theme.

Besides, the event was attended by a large audience constituting of the faculty, students of the centre and some faculty members from

other universities of India as well.

Webinar on Women Empowerment & Gender Sensitization'held at KU added by KR Desk on 12:52 am August 20, 2020 View all posts by KR Desk →

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LATEST

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Workshop on Empathetic Leadership in 21st Century: Contextualised for Indian Women

CWSR tends to see gender issue through the lenses of Intersectionality. Upholding this perspective CWSR in collaboration with Led-By Foundation organized online workshop entitled "Empathetic Leadership in 21st Century: Contextualised for Indian Women" on 10th of October, 2020. The event focused on the leadership program for young Indian Muslim women. Dr. Gazalla Amin and Dr. Ruha Shadab spoke on the event.





Webinar on "Domestic Violence: Chronicling the Ordeal and the Way Out

Intimate partner violence (IPV) against women is a serious problem existing in our society and CWSR has taken various initiatives to bring awareness about the problem. CWSR in collaboration with UGC, New Delhi organised an online webinar entitled "Domestic

Violence: Chronicling the Ordeal and the Way Out" on 9th of December, 2020. The resource person was Rashmi Anand; an Indian activist, author and writer. She herself suffered physical abuse from her husband for ten years. She is the author of 11 renowned books.

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Kashmir University organises webinar on Domestic Violence

Srinagar, December 09: Kashmir University's Centre for Women's Studies and Research (CWSR) on Wednesday organised a webinar on domestic violence. Registrar Dr Nisar Ahmad Mir

Registrar Dr Nisar Ahmad Mir inaugurated the day-long webinar "Domestic Violence: Chronicling the Ordeal and the Way Out", organised in collaboration with the University Grants Commission (UGC).

(UGC), In his presidential remarks, Dr. Mir referred to recent news reports which suggested that within just four months of Covid-19 pandemic, women in the country filed more domestic violence complaints than recorded in the same span of time in the last 10 years.

One such report said that about women who experienced vioprover sought help while 77% or time did not even mention about to anyone," he said, the report also high-

lighted that of 14.3% of victims who sought help, only 7% reached out to relevant authorities or social service organisations, even as over 90% victims sought help only from their immediate family.

Dr Mir said it is important to change attitudes of people through mass awareness to put an end to domestic violence.

"Alongside, we need to put in place a robust couselling system and a serious community-level engagement-cum-communication strategy to address the concerns related to domestic violence," he said.

Keynote speaker Rashmi Anand, a noted author and social activist, talked at length about the dynamics of domestic violence and its larger impact on the victims as well as the society at large.

dynamics or domestic violence and its larger impact on the victims as well as the society at large. Sharing what she called her "personal ordeal" with domestic violence, Anand referred to ways of addressing domestic violence with a positive bent of mind within homes and in the vicinity.

"It is important to understand where the roots of domestic violence exactly lie in our social and economic structures and devise effective ways and means to uproot the same from such structures," she said.

Coordinator CWSR Prof Tabasum Firdous underscored the importance of highlighting the issues relating to domestic violence and its perils in our day-to-day lives. She aiso highlighted the CWSR's regular interventions in trying to offer plausible solutions to address such problems by means of generating awareness and holding counseling programmes.

counseling programmes.

The webinar was, among others, attended by several students and scholars, who also foined a ensuing question answer as an with the expert speaker.

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EXTENSION LECTURES

Expert Talk with Prof. Diana J Fox

On the eve of International Women's Day CWSR on 09-03-2021 organised expert talk on the *Importance of Collaborations and Partnerships in Building: A Global Women's Movement.* The expert was Prof. Diana J. Fox (a renowned Anthropologist of Bridgewater State University, USA). Speaking on the event she said that "everyone has a role to play in advancing gender equality. To achieve our ambitious goals, we must

activate a diverse network of champions. This means working with men and boys, youth, and advocates across sectors, geographies, and generations. Partnerships that bring together individuals and organizations with diverse skills, experiences, perspectives, and resources to addresses shared challenges and to advance gender equality are key to driving progress."

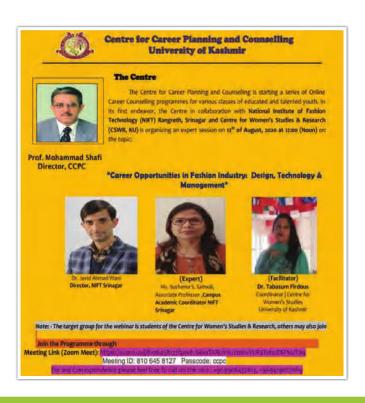


EXTENSION LECTURES

Expert Talk with NIFT

CWSR in collaboration with National Institute of Fashion Technology (NIFT) Rangreth, Srinagar organized an online expert talk on the topic Career Opportunities in Fashion Industry: Design, Technology & Management 12th of August, 2020. Eminent speakers like Ms. Sushama Saitwal, Dr. Javid Ahmed Wani

spoke on the event. Sushama Saitwal said that "fashion designing is the art of crafting customised apparel and lifestyle accessories and has turned into a career option now. It is a promising profession that is creative, and at the same time, serves a high package in the glamorous industry."



OUTREACH PROGRAMMES

Centre for Women's Studies and Research (CWSR) under Rashtriya Uchchatar Shiksha Abhiyan (RUSA) launched a project for improving the well-being and ensuring human development of the marginalized communities of Kashmir. The project was launched by Former Vice-Chancellor, University of Kashmir, Prof. Talat Ahmed on March 8th 2021, on the occasion of International Women's Day. Hon'ble Vice Chancellor himself unveiled the banner for the said project on the same day. Registrar, Kashmir University Dr. Nisar Ahmad Mir and Coordinator RUSA Prof. Manzoor Ahmad Shah both highlighted how university is planning to propagate and promote community based intervention across various downtrodden areas, with female health being the top most priority.







Under RUSA 2.0 project CWSR launched a series of outreach programmes for reaching to the most marginalised communities. The summary of each of the programme are given below: Female Health and Hygiene Practices: Good sanitation is one of the important components of women's overall health in general, and her menstrual health and hygiene, in particular. Hygiene is one of the key factors to ensure good health; for prevention is better than cure. Safe drinking water and availability (and access) to hygienic sanitation

facilities are the first steps towards prevention of many health problems. Vulnerability to diseases is directly associated with the accessibility to sanitation facilities. The vulnerability is higher for women because of their menstrual cycles. In order to promote health and hygiene awareness among the tribal women, CWSR visited Nargistan, Dedarpora, Tral (District Pulwma) where the experts from CWSR make local population aware about "Female Health and Hygiene Practices" on 9th of March, 2021.

RESEARCH ACTIVITES

Field Visit to Leper Colony

CWSR carried out a day long field visit to Leper Colony, Bahrar, Lal Bazar Srinagar as part of its extended community based outreach programme campaign. The event was led by the Former Director of the Centre, Prof. Dr. Tabasum Firdous, also attended by faculty members and students from the two incumbent batches and a few non-teaching staff as well. The intervention was very comprehensive and diverse, however the highlights of the day were identification of a group of young females from the area for micro-financing and skill based developmental activities, and identification/assessment of other general requirements of the people like, medication and other basic requirements during winters in particular. Most importantly the Centre pledged to act as a mediator between the needs/demands of the people and the stakeholders that are most likely entitled to assist them. Other than that all the students had a great experience of observing things first hand, a momentary detour from the routine theoretical paradigm into a more practical domain.





Field Visit to Hanji Communities

CWSR conducted two pilot studies in two different Hanji communities of Kashmir. Hanjis are essentially the dwellers of water and are mainly confined to the Dal, Wular, Anchar and Manasbal lakes and the Jhelum River especially between the Khanabal District Anantnag and Chattabal (Dist. Srinagar). They are an important ethnic group in the Valley of Kashmir. Haji community is often addressed as "Gaade Haenz" in the local language. The first pilot study was carried out at fishermen colony Shanpora, Srinagar. The study was conducted in order to assess and analyze the overall socio-economic, health and political conditions of the Haji community of the Shanpora Srinagar. Our survey revealed that these people lack basic facilities like water and electricity. Further, the

area lacked quality public schools and local health centre. Most of the boys and girls left education after completing high school. Since they have detached themselves from their traditional occupation they are largely rendered unemployed. They live in extreme poverty and many have committed suicide. The second study was conducted among the Hanji community of Bandipora. Our research indicated that socio-economic problems appear grimmer among the Hanji community of Bandipora. Due to particular geographical location and other barriers, the community fails to yield the benefits of so called modern society and remains away from various development process. Women of these communities hardly receive any formal-education and often become the victim of domestic violence.





CWSR team at fishermen Colony, Shanpora



CWSR team interacting with Hanji community of Bandipora.



Master's Dissertations supervised by the faculty members for the session 2020-2021:			
Role of Social Welfare Department in Empowerment of Women in Kashmir: A Study of District Budgam	Dr. Roshan Ara		
Problems of Women in Informal Sector: A Study of Women Workers of Kashmir	Dr. Roshan Ara		
A Study on Roles and Performances of Accredited Social Health Activist (ASHA) in Facilitating Healthcare Services in Kashmir A Study of Asha's in District Pulwama and Anantnag	Dr. Shazia Malik		
Analysing Jammu and Kashmir Coalition of Civil Society from a Gendered Perspective	Dr. Suhail Hakak		
Liberating Transgender: Stigma, Extortion and their Suffering in Srinagar City of Kashmir	Dr. Abdul Basit Naik		
Mental Health Crises among Women in India during COVID-19	Dr. Rabiya Yaseen Bazaz		

CADRE WISE FACULTY STRENGTH					
S.NO.	NAME DESIGNATION				
01	Dr.Tabassum Firdous	Coordinator, CWSR (Additional Charge)			
02	Dr. Roshan Ara	Research Associate (Permanent)			
03	Dr. Shazia Malik	Assistant Professor (Permanent)			
04	Dr. Suhail Hakak	Assistant Professor (Contractual)			
05	Dr. Basit Naik	Assistant Professor (Contractual)			
06	Dr. Rabiya Yaseen Bazaz	Assistant Professor (Contractual)			

S.NO.	NON - TEACHING				
1	Sakib Rashid Zargar (Research Assistant)				
2	Omer Farooq (DEO)				
3	Dr. Fatima Buchh (Research Officer)				
4	Mushtaq Ahmad Bhat (HA)				
5	Lateef Maqdoomi (Sr. Assistant)				
6	Mohd Maqbool Dar (Orderly)				
7	Mohd Owais Bhat (Helper)				
8	Gowher Mehraj (Casual Computer Operator)				
9	Hafiza Akhter (Sweeper)				

FACULTY ACHIEVEMENTS

- ♦ Tabasum Firdous published her co-authored book titled as 'Gendering Women in the 21st Century: Critical perspective.
- Shazia Malik (2022) "Women in Higher Education in Kashmir: Understanding The Trends in Post- Independence Period" IN Sabiha Hussain, SurayaTabasum (ed.) Gender Inclusion in India: Challenges and Strategies, Aakar Books: New Delhi
- Roshan Ara (2021) "Engendering the Field of STEM"In Handbook of Research on Future Opportunities for Technology Management Education, IGI Global, USA,2021.
- ♦ Suhail (2020) "The Roots of Political Instability in Afghanistan and the Implications of (mis)Governance," EUCACIS Online Paper, PhD Support Programme; EU, Central Asia and the Caucasus in the International System, IEP & CIFE, Berlin Germany, No. 10, November 2019.
- ♦ Rabiya Yaseen Bazaz (2020) "Background Characteristics of the Individuals Attaining Higher in India: A Sociological Study of Srinagar City" Journal of Culture, Society and Education (Web of Science Journals), Pro Scientia Publica: Poland 11(2):252-266/ 2020, ISSN: 2081-1640.
- Rabiya Yaseen Bazaz (2021) "Exploring Gender and Caste Intersectionality among Muslims: A sociological Study" Journal of Culture, Society and Education (Web of Science Journals), Pro Scientia Publica: Poland 12(2):190-210/ 2021, ISSN: 2081-1640
- ♦ Rabiya Yaseen Bazaz (2021) "Prevalence and Implications of Skill Training and Education: An Empirical Study of District Srinagar in Kashmir" in Journal of Social Sciences Kashmir Journal of Social Sciences, Dean School of Social Science University of Kashmir: 9(2021):206-220/ 2021 ISSN: 0975-6620.

STUDENT ACCOMPLISHMENTS

Razia Farooq (Batch 2020 and currently enrolled for the Masters programme at CWSR) published her first poetry book titled 'Fire of Joy'. Razia through her poetry tries to bring into forth burning issues of women like dowry, domestic violence, harassment and discrimination.



DETAILS OF ACADEMIC PROGRAMMES

STUDENTS ENROLLED FOR POST GRADUATION (BATCH 2020)

MASTERS IN GENDER STUDIES					
ватсн	DURATION	NO. OF STUDENTS ENROLLED	OPEN MERIT	CATEGORY	PAYMENT
2020	02 years	21	12	03 (CDP, RBA, ST)	06
THREE MONTHS CERTIFICATE COURSE IN WOMEN AND LAW					
SESSION	DURATION	NO. OF STUDENTS ENROLLED	OPEN MERIT	CATEGORY	PAYMENT
2020-2021	02 Months	07	07	0	0

OTHER ACCOMPLISHMENTS OF THE CENTRE

- **Tour:** CWSR organised academic tour for their students where two students were taken to South India, Ladakh and Kargil.
- *Infrastructure:* In 2020, the Centre purchased 431 new books for it's library and two projectors.

ACTIVITY REPORT FROM

April 2021- October 2022

WORKSHOPS / WEBINARS

Webinar on Drug Abuse

During the last three years or so, Kashmir witnessed drastic increase in drug abuse partly due to the political instability and majorly due to the covid-19 Pandemic and its concomitant socio-political and Socio-economic implications. As a reactionary modulation, CWSR made every possible effort to bring the menace of drug abuse in the forefront. CWSR in collaboration with District Legal Service Authority conducted a webinar on "Drug Abuse" on 11th of May, 2021. Eminent speakers like Adv. Amtul Basit Deva, Adv. Naveed Gul, Ms. Laila Qureshi spoke on the event. The event brought into limelight several pressing issues and concerns. The speakers highlighted that in 2018, more than 20 million people suffered from substance use disorder (alcohol or drugs). Within the past year, One in 13 people, 12-years-old and older, have experienced an addiction issue in the past 12 months. Many individuals who abuse drugs do not end up homeless and destitute. Some do, but frequently, there is a family that carries the emotional and economic burden of the person who abuses drugs. The workshop highlighted that the drug addiction is the biggest threat to the very foundation of our society and a large number of youth in Jammu and Kashmir are falling prey to it. Reeling from the decades old strife and current pandemic, Jammu and Kashmir is battling a serious rise in drug abuse cases.

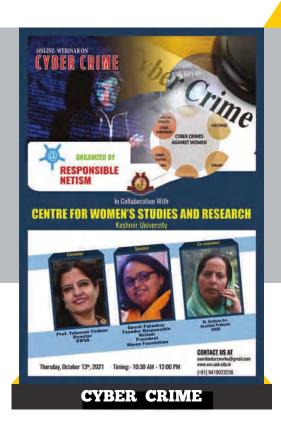


Webinar on Protection of Women against Sexual Harassment at Workplaces

Sexual harassment continues to remain a reality for many women and CWSR has taken every initiative to spread the knowledge and awareness of sexual harassment. Together with our affiliates, Government Degree College Pampora and

Women Development Cell and Committee against Sexual Harassment, CWSR organised a webinar on Protection of Women against Sexual Harassment at Workplaces on 10th of July, 2021. Professor Seema Naz and Dr. Mir Junaid Alam spoke on the event.





Webinar on Cyber Sakhi

On 12th of June, 2021 CWSR organised webinar on Cyber Sakhi and the keynote speaker was Sonali Patnakar, who is the founder of Responsible Netism: President Ahaan Foundation and a renowned online protectionist and a specialist and adviser in Cyber Security. Sonali Patnakar highlighted the issue of cyber-crimes against women, its legal implications and psychological impacts and how to stay protected from cybercrimes. She further added that cybercrimes against women primarily include instances of cyber blackmail, threatening, cyber pornography, posting/ publishing of obscene sexual materials, cyber stalking, bullying, defamation, morphing, and creation of fake profiles.

Workshop on Skill Development of Women for Entrepreneurship and Employability

CWSR is committed to empower students and the community at large. In line with this commitment, CWSR organized workshop on Skill Development of Women for Entrepreneurship and Employability in collaboration with B.K. Shroff College of Arts and Commerce, Mumbai on 26th of October, 2021. The event remains successful where participants from diverse background became the part of the workshop and shared their ideas. The key note speaker was Chetna Sinha who is an Indian social activist working to empower women in drought-prone areas of rural India by teaching them entrepreneurial skills. She has served as a Co-Chair of the World Economic Forum in Dayos (2018), Switzerland and as a Co-Chair of Financial Inclusion at the W20 Summit (2018) in Argentina.



Workshop on Gender Perspective and Mental Health

Centre for Women's Studies and Research (CWSR), University of Kashmir in collaboration with Institute of Mental Health and Neuroscience (IMHANS) Kashmir Child Guidance and Well Being Centre, organised one day workshop on the theme Gender Perspective and Mental Health on 21st of December, 2021. The chief guests of the event were Prof M. Yousuf Ganai (Dean Social Science, University of Kashmir) and Dr. Mohammad Magbool Dar (Head of the Department-Psychiatry, IMHANS-Kashmir). The daylong event began with the inaugural session and welcome address by Director CWSR, Prof. Tabasum Firdous.

Speaking on the event Prof. M. Yousuf Ganai said that the Kashmir valley has been under political turmoil for decades now which imposes an enduring psychological impact on the local population. He further emphasized that the conflict has caused disruption in education, job opportunities, and over all development of the people, besides causing mental disorders among people in general and women in particular. Dr. Muhammad Magbool Dar presented a brief introduction about the working of IMHANS and also highlighted how at present the institution is helping women to come out from various mental health issues. He talked about various welfare initiatives that their organisation is taking for the betterment of women and children. Furthermore, He insinuated upon the common problem generally associated with our community, that most people living with mental illness feel they do not need to go to hospital for any treatment primarily due to the immense stigma associated with mental health illness. However, he assured that in such situation hospital can be the best place for them to rehabilitate, feel safe and receive the assistance they need, both pharmacological as well as non pharmacological like psycho-education or psychotherapy.



Workshop on Health and Hygiene Awareness for Women



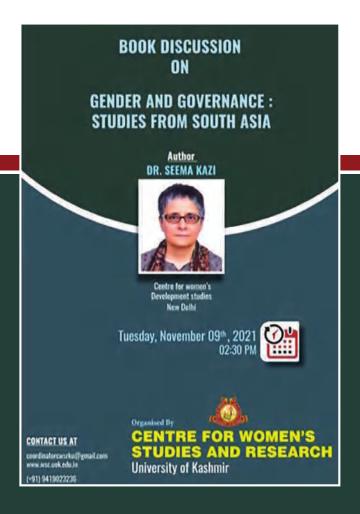
Centre for Women's Studies and Research, University of Kashmir organized a one-day workshop on the theme "Health and Hygiene Awareness for Women" on 29th of June, 2022 The Workshop was the part of the celebration of the 75th year of Azadi ka Amrit Mahotsav. The event shall be attended by concerned stakeholders from Academia, Medical expertise, Civil Society, Social Activists, Subject

Experts, scholars, students so on and so forth. In her presidential address, Vice Chancellor Prof Nilofar said apart from academics and research, CWSR is mandated with focusing on advocacy, extension and awareness programmes and the current workshop is an important endeavour in that direction. Prof Nilofar, the founder director of CWSR, said academic institutions have a professional obliga-

tion to hold grassroot sensitisation programmes to highlight the importance of women's health and hygiene for the larger welfare of the society. "We will make all efforts to further strengthen our resolve to make this University a gender-friendly and an inclusive institution in all respects," she said, urging CWSR to continue with its community-level outreach activities. On the occasion, the Vice-Chancellor released a pamphlet titled 'Socio-Cultural Perceptions of Menstruation', formulated by CWSR in collaboration with the Department of Linguistics, to raise awareness on menstrual hygiene. Coordinator CWSR Dr Shazia Malik gave an overview of the workshop and the objectives that it aims to achieve. She said the Centre would continue with its outreach activities, while focusing on its academic and research pursuits with greater zeal and determination.



EXTENSION LECTURES / EXHIBITION



Knowledge is power and CWSR has taken many initiatives to empower their students with knowledge. CWSR has provided a platform to the students where they get the opportunity to directly interact with the author. On 9th of November, 2021 CWSR organised a book discussion on Gender and Governance: Studies from South Asia. The author of the book, Dr. Seema Kazi enlightened the students and faculty about her work. The book examines how different governance structures affect gender in five specific locations in South Asia: Swat in Pakistan, the Chittagong Hill Tracts in Bangladesh, the Northern Province in Sri Lanka, and Kashmir and Manipur in India. These comparative studies examine the historical context of each region, look at

existing structures of governance, trace how these have changed over time, whether or not parallel systems have come up in their place, and reflect on what this means for gender issues in the region. Although each location is quite different, some common patterns emerge. This book sheds new light on how formal and informal structures affect the lives of women, particularly in conflict zones. When formal governance fails, women often turn to the informal structures in their community and these can be both conservative and patriarchal. Gender and Governance shows why gendering structures of governance, therefore, is essential in ongoing efforts to improve gender equality in India, Pakistan, Bangladesh, and Sri Lanka.

Extension Lecture by Prof. Pam Rajput



An extension lecture was held at Centre for Women's Studies and Research, University of Kashmir on 5th of July 2022 for the students of PG Gender Studies, delivered by Prof. Pam Rajput (Prof. Emeritus) who is an Indian aca-

demic turned internationally renowned activist actively engaged in the women's movement since the mid-70s both in India and internationally. She helped organize and was the first Speaker of a "Women's Parliament" that brought together over 500 women leaders from every part of India. A recipient of many academic fellowships, she is a member of several expert committees and bodies in India including the National Planning Commission, Ministry of Women & Child Development, National Commission for Women, delegation to the UN Commission on the Status of Women, and many others. She is also the founder and Director of the Centre for Women's Studies & Development and the Head of the Department of Political Science at Panjab University.

CWSR Organises Open-Air Creative Art Exhibition

The Centre for Women's Studies and Research (CWSR) University of Kashmir organised an open-air creative art exhibition under the banner of 'Azadi Ka Amrit Mahotsav' on 5th of September, 2022. Vice-Chancellor Prof Nilofer Khan chaired the valedictory session of the programme, which saw participation of students from different teaching departments and University Model School. Addressing the participants, Prof Nilofer, who went around to see the posters and paintings, said

each slide is the expression of a feeling translated in the form of a painting. "It is heartening to see students giving vent to their expressions through creative art to highlight varied concerns and issues related to women like domestic violence etc.," the Vice-Chancellor said while congratulating the CSWR Coordinator and her team for organising the programme. The best prize winners and participants were honoured with medals and certificates of participation by the Vice Chancellor.





OUTREACH PROGRAMMES UNDER RUSA

Centre for Women's Studies and Research (CWSR) under Rashtriya Uchchatar Shiksha Abhiyan (RUSA 2.0) a project launched by Hon'ble Vice-Chancellor, University of Kashmir, Prof. Talat Ahmed on March 8th 2021, a series of outreach programmes, reaching the most marginalised communities was officially/practically commenced and the summary of each of the programme are given below:

Reproductive Health and Menstrual Hygiene Programme:

Gender inequality, discriminatory social norms, cultural taboos and poverty can all cause menstrual health and hygiene needs to go unmet. This has far-reaching consequences for millions of people. It restricts their mobility and personal choices. It affects attendance in school and participation in community life. It compromises their safety, causing additional stress and anxiety. Menstrual health and hygiene interventions can help to overcome these obstacles. These interventions not only fulfill the unmet demands for menstrual hygiene prod-

ucts, but also protect dignity, build confidence, and strengthen sexual and reproductive health, particularly among adolescents. In order to promote awareness regarding Reproductive Health and Menstrual Hygiene Practices, CWSR team went to Souinard Aripal Tral, District Pulwama of Kashmir on 10th of April, 2021. The team under an expert medical supervision sensitized community regarding the issues of reproductive health and menstrual hygiene. The team also distributed supple





Health Practices among the Tribal Women

CWSR organised another outreach programme on 8th of September, 2021 and this time its team visited Kathi Wangath Baba Nagri Kangan (District Ganderbal of Kashmir). The CWSR team interacted with

the people and created awareness about different health issues like PCODs, menorrhagia, osteoporosis, miscarriages among tribal women of Baba Nagr





KU's CWSR organises awareness camp on personal hygiene at Baba Nagr



RINAGAR: Kashmir Unistudies and Research Studies and Research WSR) on Wednesday or-nised an awareness camp llaba Nagri area of Gan-

ty-long awareness s organised under of a project under chchatar Shik (RUSA) to ed-women about

giene Campaign in a mission mode with the larger objec-tive of improving the health condition of tribal women.

"Our primary objective is to raise grassroots awareness in tribal areas about women's personal

camp along with her team of professionals and volunteers.

In her remarks, Prof Firdous said the CWSR has launched the Health and Hygiene Campaign in a mission with the worker of the company to the company of the com

Skill development Programme

Skill development plays an important role in the upliftment of the excluded communities. Skill development among tribal women is the need of the hour in order to make them confident, self reliant and to develop in them the ability to be a part of decision making. For enhancing skills among the excluded communities, CWSR launched a Skill Development Training Programme for tribal women of Tral, District Pulwama of Kashmir on 19th of September, 2021. Under the RUSA programme two Skill Centres were established at Souinard Aripal and Dedarpora, Nargistan. These Centres offer training to women in tailoring.



MU's CWSR holds skill development programme for tribal women

R: Restante Uni-se Deutre for Women seant Research (CWSR) had a skill development ng programme for trib-men in Norgistan Ari-

men in Norgistan Ari-antTral,
Tabusum Firdons,
WESR inaugurated
operatume, lainneded un-needs of a project sanc-der RUSA.
Intellighted the grow-

Re skill development del tribal women and that such pro-in help uplift the secrets.



erating livelihood opportuni-ties, she said there is a need for daveloping, gender-responsive strategies for skill develop-ment of marginalised and poor women in tribal areas.

Dr Roshan Ara American

women in tribal arces.

Prof Firdous said skill development is the key to improve employability and income carning opportunities and is also vital for sustainable.

tive of providing need a skill education to the skill education to the and marginalised waren narrigistin Aripad. Such it tatives prepare rural waren to work and comprise is formal and informal serious which in turn will bely including poverty in the fried," she said. 30 women participation conclude for the procedure for the participation procedure for the participation.

Dr Roshan Ara, Professor, CWSI, ed the important powerment of frid-through skill in and training





Breast Cancer & Reproductive Health

The CWSR conducted an awareness campaign on Breast Cancer & Reproductive Health of Women in a far-flung Gujjar village named Wangidar, Halqa, Lidroo Block, Pahalgam (District Anantnag) on 21st of October, 2021. The programme was followed by the medical check up and distribution of basic medication.



Identification of Skill Centres

CWSR team visited to the far flung Gujjar area of Lidroo Pahalgham (District Anatanag, Kashmir) for identification of Skill Centre on 11th of November, 2021. These Centres shall provide skill training and can help tribal women to develop their economic potentials.



Inspections to the Skill Centres

CWSR conducted an inspection of the two Craft Centres of Souinard Aripal and Dedarpora Nargistan areas of Tral (District Pulwama, Kashmir) 29th of November, 2021 in order to ensure these Skill Centres are functioning smoothly.





Established Skill Centres

CWSR established its third Skill Centre at Lidroo Pahalgham (District Anatanag, Kashmir) on 22nd of December, 2021. CWSR team also distributed necessary raw material at the Centre. The Centre intends to give skill training in embroidery (Ari & Sozni Work) to women.



Another Inspection to the Skill Centre

CWSR conducted another inspection exercise to one of its Skill Centres located at Lidroo Pahalgham (District Anatanag, Kashmir) on 17th of January, 2022.





One-Day Awareness Campaign on Breast Cancer & Reproductive Heath of Women at Mandi (District Poonch)

Kashmir University's Centre for Women's Studies and Research (CWSR) organised an outreach programme (Under RUSA 2.0) on 'Breast Cancer and Reproductive Health of Women' in Poonch on 24th May, 2022. The day-long programme, organised as part of a RUSA project, was held at Government Girls Higher Secondary School Mandi to create awareness among adolescent girls and

women on key health issues. Director CWSR, Prof. Tabasum Firdous educated the participating women about prevention of breast cancer. She said breast cancer is one of the most prevalent cancers in J&K and it is therefore important to raise awareness among young women on how it can be prevented. She said early detection is the key to prevention of breast cancer.

Outcomes of RUSA Project

- ♦ For imparting the skill training among tribal women, CWSR established three training centres at three different locations 1. Souinard Aripal, Tral 2. Dedarpora Nargistan, Tral 3. Lidroo, Pahalgham.
- ♦ From the previous two training Centres, we have been able to manufacture ladies suits, dresses, cushions, curtains, etc. We are also proposing to organize exhibitions for these manufactured products to provide the market to these women and create a good sale and good profit that will ensure the economic empowerment of these women.
- ♦ We have trained 76 women for various employment programmes and in the upcoming time more women will receive training from these Centres.

OTHER RESEARCH ACTIVITIES



AWARENESS CUM MEDICAL CAMP AT GUTLI BAGH, WARPASH (DISTRICT GANDER*BAL*)

Centre for Women's Studies and Research (CWSR) Kashmir University organized a day-long awareness-cum-medical camp at Gutlibagh and Warpash areas of district Ganderbal on 01-04- 2022. Former, Director CWSR Prof Tabassum Firdous said the daylong programme was organised to raise awareness among adolescent girls and women about reproductive health and its different aspects. Adolescence is a vulnerable age for susceptibility to many health issues such as urinary tract infections due to improper menstrual hygiene, sexually trans-

mitted infections (STIs), human immunodeficiency virus (HIV), unexpected pregnancies from the lack of awareness about contraceptive practices, and lack of proper guidance about sexual health. The main aim of the programme was to educate women beneficiaries about how to first address and then dismantle all forms of stigma, unwelcoming norms and traditions, and also other inadvertent forms of socio-cultural practices that structurally impede women from talking about such issues,

ONE-DAY AWARENESS PROGRAMME ON HEALTH & HYGIENE OF RURAL WOMEN AT FAKIR GUJRI (DARA) DISTRICT SRINAGAR

Kashmir University's Centre for Women's Studies and Research (CWSR) on 22nd July, 2022 organised a mega outreach programme on womens' health and hygiene in Fakir Gujri area of Srinagar. The day-long programme, led by Coordinator CWSR, Dr. Shazia Malik, mainly focused on raising community level awareness on promoting and safeguarding menstrual health by removing stigmas associated with it and providing safe access for women to proper sanitation and disposal facilities. The team first visited a local Government High School, where girl stu-

dents of menstrual age were imparted awareness on issues related to menstrual health and hygiene. During the medical evaluation, medical officer detected malnutrition among several students and advised them on addressing the same. Later, adult young women in the area were separately counseled on better hygiene practice. The team also distributed medicines and sanitary napkins among the participants, who were encouraged to discuss issues related to their health and hygiene amongst themselves and in the community for their healthy wellbeing.

Awareness Programme on Health & Hygiene of Women at Uttersoo District Anantnag



Centre for Women's Studies and Research (CWSR) University of Kashmir with the support and guidance of Hon'ble Vice-chancellor Prof. Nilofer Khan and Registrar, Dr. Nisar Ahmad Mir organised an awareness programme on 'Health and Hygiene for Women at Govt. Higher Secondary School Uttersoo (Anantnag) on 13th October 2022. The programme was organised in collaboration with Wise (Women of India sustainability and Empowerment trust), Skill India academy.

The day long programme focused on removing the stigmas associated with menstruation and providing safe access for women to proper sanitation and disposal facilities. The programme was conducted to create socio-medical awareness regarding menstrual health and hygiene among the girls of menstrual age. The day-long event was led by Coordinator CWSR, Dr. Shazia Malik and was attended by Dr. Roshan Ara (Assistant Prof. CWSR), Dr. Sueeda, (Gynecologist GMC Anantnag), Dr. Rabiya, Miss Sadaf (WISE, NGO) and PG student from the Centre. While addressing the students Dr. Shazia Malik spoke about the menstruation stigma and its consequence on women of all ages who feel embarrassed about being on their periods. Many girls hide the fact that they suffer painful cramps and with the result don't concentrate properly on studies. Dr. Roshan Ara termed it unfortunate that menstruation is conceived as a problem rather than as a healthy bodily process-a blessing. She insisted that we need state's support to provide better access to feminine-care products. Following the interaction, a medical evaluation of students was done by Dr Sueeda. The team also distributed iron supplements with the help of local ASHA workers. Besides they were also provided free sanitary napkins on the occasion. In addition to this an automatic sanitary napkin dispenser was installed in the premises of the school in collaboration with WISE trust. This would allow female students to avail sanitary pads on their own without any human contact. The Centre expressed gratitude to the principal, Dr. Manzoor for providing their full assistance for the programme.

CWSR Collaborates with IMHANS



♦ Centre for Women's Studies and Research (CWSR) commenced a collaborative Programme with the Institute of Medical Health and Neuro Science (IMHANS), Srinagar on the theme titled as "Women's Mental Health Issues". The introductory session was held on 19-10-2022 at one of the CWSR classrooms. There were a total of 3 expert representatives from IMHANS, Dr. Rouf, Dr. Zoya and Dr. Fazal who debriefed the students and the faculty members about the future course of the collaboration and also answered some of the questions posed by the faculty and the students about the very basic determinants and indicators of Mental health illness. During the meet, Coordinator, CWSR, Dr. Shazia Malik, Dr. Roshan Ara (Assistant Professor, CWSR) other faculty members of the Centre and IMHANS representatives together shared their respective perspectives regarding the schedule of the future agenda of the collaboration. Next on the agenda is the Training Workshop on the aforementioned title to be followed by the on field intervention.

CADRE WISE FACULTY STRENGTH						
S.NO.	NAME	DESIGNATION				
01	Dr. Shazia Malik	Coordinator, Assistant Professor (Permanent)				
02	Dr. Roshan Ara	Assistant Professor (Permanent)				
03	Dr. Suhail Hakak	Assistant Professor (Contractual)				
04	Dr. Basit Naik	Assistant Professor (Contractual)				
05	Dr. Rubeena	Assistant Professor (Contractual)				
06	Dr. Rabiya Yaseen Bazaz	Assistant Professor (Contractual)				

POST DOCTORAL SCHOLARS						
S.NO.	. NAME DESIGNATION					
01	Dr. Bilal Ahmad Dada	ICSSR, Post Doctoral Fellow; Topic: 'Finding Power: Gender Politics and Women's Political Participa- tion in DDC/ Panchayat Elections 2020: A Feminis- tic case study in Kashmir' (Date of joining: 24-02- 2022) Under the supervision of Prof. Tabasum Firdous.				

S. NO.	NON - TEACHING			
1	Sakib Rashid Zargar (Research Assistant)			
2	Omer Farooq (DEO)			
3	Dr. Fatima Buchh (Research Officer)			
4	Mushtaq Ahmad Bhat (HA)			
5	Mohd Maqbool Dar (Orderly)			
6	Mohd Owais Bhat (Helper)			
7	Humaira (Helper)			
8	Dilawar Ahmad Rather (Lab. Attendant)			
9	Sheikh Saleem Javied (Senior Assistant)			
10	Gowher Mehraj (Casual Computer Operator)			
11	Hafiza Akhter (Sweeper)			

Faculty Achievements

- ♦ Shazia Malik (2022). "Book Review: A Strategic Myth: Underdevelopment in Jammu and Kashmir". Journal of International Women's Studies, 23(1), 409-413.
- ♦ Roshan Ara (2021) "Engendering the Field of STEM" (Ch. 13) in Handbook of Research on Future Opportunities for Technology Management Education (Edt.), IGI Global, USA,2021
- ♦ Basit Naik. (2022) Breaking the stereotype: Inspiring Women of Kashmir. Social Research Foundation. Kanpur. ISBN: 978-93-93166-01-2
- ♦ Rabiya Yaseen Bazaz (2022) Education in Contemporary India: Sociological Discourses, Academic Publication /2022 New Delhi ISBN: 9789391798659
- ♦ Rabiya Yaseen Bazaz (2022) "Exploring Informal Vocational Training (IVT) and its Missing Accreditation link with Formal Vocational, Technical and Professional Education and their Implications: A Sociological Study in a City of India" Journal of Education Culture and Society (Web of Sciences Journal) Pro Scientia Publica: Poland 13(2):317-340/ 2022 ISSN: 2081-1640.

STUDENT ACCOMPLISHMENTS

Darakshan Hassan Bhat (Batch 2019) qualified UGC NET (December 2021)



♦ Khatiba Syed from CWSR bagged third prize in Art Exhibition organized by CWSR.



\(\) Khatiba Syed secured first position in the photography contest workshop organized by Nehru Yuva Kendra Srinagar and National Serve Scheme.



DETAILS OF ACADEMIC PROGRAMMES								
STUDENTS ENROLLED FOR POST GRADUATION PROGRAMME BATCHES 2021-2022								
MASTERS IN GENDER STUDIES								
ватсн	DURATION	NO. OF STUDENTS ENROLLED	OPEN MERIT	CATEGORY	PAYMENT			
2021	02 years	21	16	02 (RBA, ST)	03			
2022	02 years	25	17	02 (ST & RBA)	06			

OTHER ACCOMPLISHMENTS OF THE CENTRE

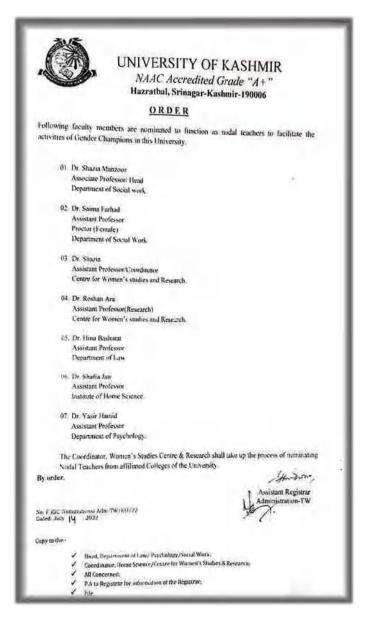
- **Board of Studies:** The Centre for Women's Studies and Research conducted its first Board of Post Graduate Studies in Gender Studies meet on 4th, July, 2022 in the Committee Room, Old Administration, University of Kashmir. The proposed syllabi pertaining to MA Gender Studies along with course pattern was discussed and recommended for change and approval by the following members:
- ✓ Hon'ble Vice Chancellor Prof. Nilofer Khan, University of Kashmir.
- ✓ Dr. Shazia Malik Coordinator, CWSR.
- ✓ Dr. Roshan Ara Assistant Professor, CWSR.
- ✓ Prof. Pam Rajput Prof. Emeritus, Panjab University, Chandigarh Department Cum Centre For Women's Studies and Development,
- ✓ Prof. Sabiha Hussain Director, Sarojini Naidi Centre for Women's Studies and Development.
- ✓ Prof. Aneesa Shafi HOD, Department of Sociology University of Kashmir.
- ✓ Prof. Seema Naz, Principal, Government College of Education MA Road, Srinagar.
- ✓ Dr. Humaira Azim, Coordinator, Institute of Home Science University of Kashmir.

The overall content of the syllabus was revised. New courses were added, and some of the course were also shifted from one semester into another.



♦ **Collaborations:** CWSR Collaborated with Dr. Diana Fox (Department of Anthropology, Bridgewater State University) for the project titled: Representation of Cis- and Trans Women's Agency and Gender Relations in Oral Traditions and Performative Practices in Kashmir: a Study of Digital Folklore funded through the Centre for Advancement of Research and Scholarship (CARS) Summer grant program approved in June 2021.

• **Gender Champions:** Coordinator, CWSR initiated the process of nominating Gender Champions from different Department/Centres of University of Kashmir through a written communication dispatched to the respective Heads/ Directors/Coordinators on 14th of July 2022. Besides, the Centre has also initiated the process of nominating Nodal Teachers and Gender Champions from all the affiliated colleges of University of Kashmir through Director Colleges.





♦ **Journal of Gender Research:** The Centre is going to release its first Journal namely 'Journal of Gender Research.' Journal of Gender Research is to be published by the Centre for Women's Studies and Research, University of Kashmir. The Journal has two issues every year (Annual), and will follow double blind peer review process. It is an interdisciplinary Journal which would publish articles related to gender and sex from a feminist perspective covering a wide range of subject.



♦ *Infrastructure:* One new classroom was provided to the Centre. At present there are three classrooms and two of them are smart classrooms. In 2022, the Centre purchased 235 new books and at present the total number of books available in the library are 1051. The library is open to all the students and faculty members from all over the University. As of now the Centre has five Desktops, two Printers, three Projectors and one Xerox Machine.





CENTRE FOR WOMEN'S STUDIES AND RESEARCH

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