# Centre for Women's Studies and Research, University of Kashmir In collaboration with UNIVERSITY GRANTS COMMISSION

organized

#### Webinar on

# Gender stereotyping And Its Perils: Reflections And Criticisms



#### CENTRE FOR WOMEN'S STUDIES AND RESEARCH University of Kashmir



in collaboration with

#### **UNIVERSITY GRANTS COMMISSION**

Officially announces the commencement of a series of online lectures/deliberations on a range of diverse Contemporary Gender related issues. In this regard, an introductory Webinar will be held on Thursday, 30<sup>th</sup> of July, 2020 at 12:00 PM on the topic:

#### **GENDER STEREOTYPING AND ITS PERILS: REFLECTIONS AND CRITICISMS**



Resource person

Prof. Savita Singh | IGNOU, Delhi
Founding Director
School of Gender & Development
Studies



Chairperson
Prof. Bashir Ahmad Khan
Dean School of Social Sciences
University of Kashmir



Facilitator
Dr. Tabasum Firdous
Coordinator | Centre for Women's
Studies
University of Kashmir

#### Join the Programme through

#### Meeting Link (ZOOM):

https://uso4web.zoom.us/j/7867o3o4339?pwd=bThlTU82Nlh4eVh1Zk4oTmVLaXFwQTo9 (Meeting ID: 786 7030 4339)

For any Correspondence please feel free to call on the no.s: +91-9419023236, +91-7889346950

Event Date: 30<sup>th</sup> July, 2020

Venue:- Online

Platform:- Zoom Meet Time:- 10:30 A.M.

The Centre for Career Planning and Counselling is starting a serious of online
Career Counselling programmes for various clases of educated and talented youth. In its first
endeavour, the Centre in collaboration with National Institute of Fashion Technology (NIFT)
Rangreth, Srinagar and Centre for Women's Studies and Research, University of Kashmir organized
an expert session on the topic:

"Career Opportunities in Fashion Industry: Design, Technology & Management"



#### Centre for Career Planning and Counselling University of Kashmir



#### The Centre

The Centre for Career Planning and Counselling is starting a series of Online Career Counselling programmes for various classes of educated and talented youth. In its first endeavor, the Centre in collaboration with National Institute of Fashion Technology (NIFT) Rangreth, Srinagar and Centre for Women's Studies & Research (CSWR, KU) is organizing an expert session on 12<sup>th</sup> of August, 2020 at 12:00 (Noon) on the topic:

Prof. Mohammad Shafi Director, CCPC

"Career Opportunities in Fashion Industry: Design, Technology & Management"



Dr. Javid Ahmad Wani Director, NIFT Srinagar



(Expert)
Ms. Sushama S. Saitwal,
Associate Professor, Campus
Academic Coordinator NIFT
Srinagar



(Facilitator)
Dr. Tabasum Firdous
Coordinator | Centre for
Women's Studies
University of Kashmir

Note: - The target group for the webinar is students of the Centre for Women's Studies & Research, others may also join

Join the Programme through

Meeting Link (Zoom Meet): https://zoom.us/i/8106458127?pwd=SkkxTXROY1luYmlwYUFaTnhuTXFNUTog
Meeting ID: 810 645 8127 Passcode: ccpc

For any Correspondence please feel free to call on the no.s: +91-9906457613, +91-9419077069

Event Date: 12th August, 2020

Venue:- Online

Platform:- Zoom Meet Time: 12:00 (Noon)

#### "Women Empowerment and Gender Sensitization"

Centre for Women's Studies and Research, University of Kashmir in collaboration with UNIVERSITY GRANTS COMMISSION organized another comprehensive Webinar

on

"Women Empowerment and Gender Sensitization"



Event Date: - 19th August, 2020

Venue:- Online

Platform:- Google Meet Time:- 12:00 (Noon)

Webinar entitled "Empathetic Leadership in 21st Century: Contextualised for Indian Women" was held by the Centre for Women's Studies, University of Kashmir.

This time around and for a change in collaboration with Led By Foundation, a unique leadership program for young Indian Muslim women that focuses on experiential learning, collaborative networking and financial support. The event was commenced by the torch bearer, the lighthouse of the Centre, **Coordinator Dr. Tabasum Firdous.** 



Event Date: - 10<sup>h</sup> October, 2020

Venue:- Online

**Platform:-** Google Meet

**Time:-** 10:30 A.M.to 12:00 P.M.

# Centre for Women's Studies and Research University of Kashmir

Organized

Online Webinar

entitled

"Domestic Violence: Chronicling the Ordeal and the Way Out"

In collaboration with University Grants Commission (UGC), New Delhi



Event Date: - 09th December, 2020

Venue:- Online

**Platform:-** Google Meet

**Time:-** 11:00 A.M.to 12:30 P.M.

# **INTERNATIONAL WOMEN'S DAY**

# Centre For Women's Studies and Research

**University of Kashmir** 

Organized

A talk by Prof. Diana J. Fox Anthropology, Bridgewater State University, USA

Topic:

# "The importance of Collaborations and Partnerships In Building A Global Women's Movement"



Event Date: - 08th March, 2021

Venue:- Online

**Platform:-** Zoom Meeting

**Time:**- 6:00 P.M. and 7:30 AM US

# WEBINAR ON DRUG ABUSE/ADDICTION

District Legal Service Authority in collaboration with Centre for Women's Studies and Research, University of Kashmir conducted a webinar on Drug abuse/ addiction. Webinar was formerly started by Adv. Amtul Basit Deva, she welcomed all the participants. She said that a Psychoactive substance use often tends, to be framed as a problem or a menace in public health or social welfare conferences or discussions, the exact extent of substance abuse use in Kashmir is not assessed adequately. Psychoactive substances such as alcohol, cannabis and opioids has been observed in Kashmir from many years.

In Kashmir, the drug addiction has been on rise for past few decades. almost 2.5 lakh youth is addicted or we can say affected population. The use of psychoactive substances causes significant health and social problems for the people who use them and also for others in their families and communities, using of psychotropic drugs is a self-destructive pattern that causes distress and problems and some use for the purpose of creating pleasurable effects on the brain .She said that under the influence of various narcotic drugs, people see images, hear sounds and feel sensations that seems real but do not exist, it has been observed that the valley has a tremendous rise in the substance abusers over the past decade.

Mr. Basit Deva said, Medical opiates such as morphine and codeine or Benzodiazepine were first used as recreational drug, later Cannabis was more widely used but over the past few years heroin and cocaine have been used abundantly and they have great health risks and financial risks also.

The second speaker was Adv. Naveed Gul, Penal Lawyer DLSA, said that according to Magnitude of Substance Abuse Survey(2019) about 2.1% of the country's population (2.26 crore individuals) use opioids which include opium (or variants of Poppy husk)

which is grown in the villages, heroin( or its pure form- brown sugar). He also added that there are many reasons for drug problems in the valley, which includes living in conflict zone, lack of awareness, easy availability etc. He said that according to Ministry of Social Justice and empowerment 4.6% of total population of J&K use opioid drugs which accounts for 805 of addicts in Kashmir. He also explained The NDSP Act 1985owhichis an Act of the parliament of India that prohibits/ manufacturing. cultivation/possession/ sale/purchasing/ transport/consumption of narcotic drugs or psycho-trophic drug abuses or substance.

At the end the stressed that it's high time to save our generation from the drug abuses.

The third speaker was Ms. Laila Qureshi, Psychologist, she said that drug addiction is considered as a neurobiological disease. when a person becomes a drug addict it is very hard for him/her to spend a day without taking the drug. drugs that are the main cause of addiction are heroin, opium, morphine, inhalants, diazepam etc. It's important to mention that only psychiatrists can provide psychotrophic drugs and that too after ten sessions. drug addiction in Kashmir is continuously increasing among students, both males and females.

She further added that addiction, overdose and other side effects disrupt families, personal lives and professional lives. unfortunately, this leads to assumptions and stereotypes about those who use drugs. With the right treatment, recovery is possible. anyone can overcome substance abuse and related issues. Anyone can build a life that is safe, sober and free from substance abuse side effects.

The last speaker was Irfan Malla, P.G student CWSR, university of Kashmir, he said that as we know that Kashmir is one of the most militarized conflict zone of the world. the turmoil of the past many years has caused depression and psychological problems among a huge number of people and due to this depression, majority of people have found drugs to the only solution to get rid of the stress. He concluded his speech by saying that all of us must collectively share the responsibility to get rid of this menace.

At last Ms. Basit concluded the webinar by saying that to curb tis problem the first and foremost step which Government of J&K must take is to take strict action against drug peddlers, opioid cultivators and chemist -shops who sell psycho-tropic medicines. another important responsibility is of parents and teachers, instead of scolding or treating them harshly, they must deal with them with love and patience. They must try to increase their morale and confidence.

Parents must also consult professional interventionists to help find the real cause of stress and ways to manage it. NGO's, Government, schools and colleges should regularly organize programmes and seminars to sensitize students and general masses about repercussions of drug abuses. It's imperative to eradicate the roots of drug addiction from our society.

After a productive webinar, constituting a lot of knowledge sharing through different participants who had joined the webinar from diverse fields, Ms. Basit thanked Coordinator, CWSR, University of Kashmir, and Secretary District Legal Service Authority, convener for this Webinar, she expressed her gratitude to the team of CWSR and all those who had put their efforts to organize and make this webinar a success. She was of the view that more such programmes should be organized for knowledge sharing and awareness and the institutions should collaborate with each other so as to give a platform to research scholars and students wherein they can share and learn from each other's work and experiences.

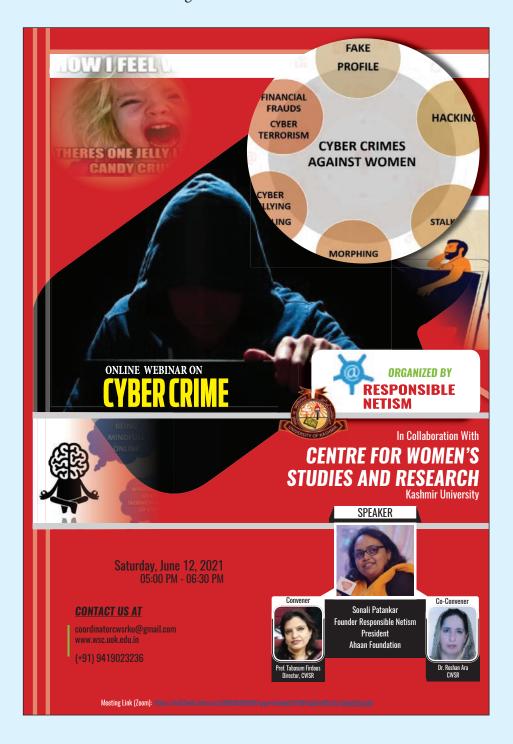
**Event Date: -** 11<sup>th</sup> May, 2021 **Venue:**  Online **Platform:** Google Meet

Time:- 01:45 P.M.to 03:45 P.M.



# WEBINAR ON CYBER CRIME

Centre for Women's Studies and Research,
University of Kashmir
Conducting a Webinar on CYBER CRIME



Event Date: -12th June, 2021Venue:-OnlinePlatform:-Google Meet

Time:- 05:00 P.M.to 06:00 P.M.

#### **WEBINAR ON**

# "PROTECTION OF WOMEN AGAINST SEXUAL HARASS-MENT AT WORKPLACES"

Women Development Cell and Committee against Sexual Harassment in Collaboration with Centre for Women's Studies & Research, University of Kashmir Conducted Webinar on "Protection of Women against Sexual Harassment at Workplaces"



Event Date: - 10<sup>th</sup> July 2021

Venue: Online

Platform: Google Meet

Time: 02:00 P.M

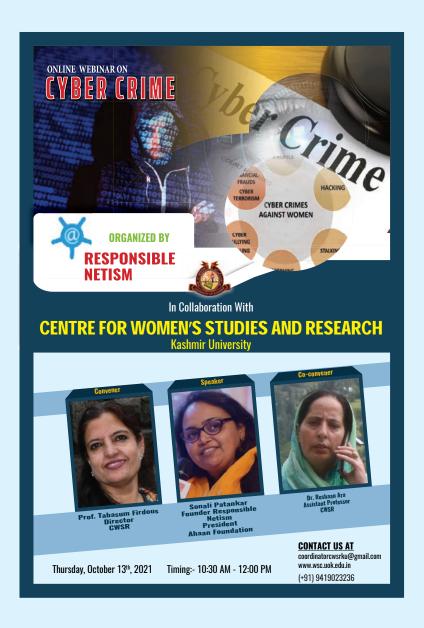
# **WEBINAR ON CYBER CRIME**

#### Centre for Women's Studies and Research

University of Kashmir Conducting a Webinar

on

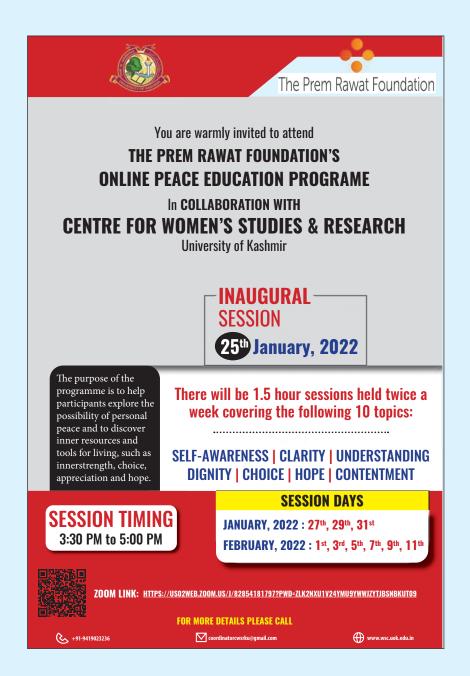
#### **CYBER CRIME**



Event Date: - 13th October, 2021

Venue:- Online
Platform:- Google Meet
Time:- 10:30 to 12:30 P.M

# THE PREM RAWAT FOUNDATION'S ONLINE PEACE EDUCATION PROGRAME



#### The Prem Rawat Foundation's Online Peace Education Programe

In Collaboration with

Centre for Women's Studies & Research University of Kashmir

**Event Date: -** 25<sup>th</sup> January to 11<sup>th</sup> February 2022

Venue:- Online Platform:- Zoom

**Time:**- 3:30 P.M. to 5:00 P.M.

# ONLINE ACTIVISM PROGRAMME ON DOMESTIC VIOLENCE AND SEXUAL HARASSMENT

#### Centre for Women's Studies and Research

University of Kashmir

In collaboration with

Indian Association for Women Studies (IAWS), Department of Women's Studies Bharathdiasan University

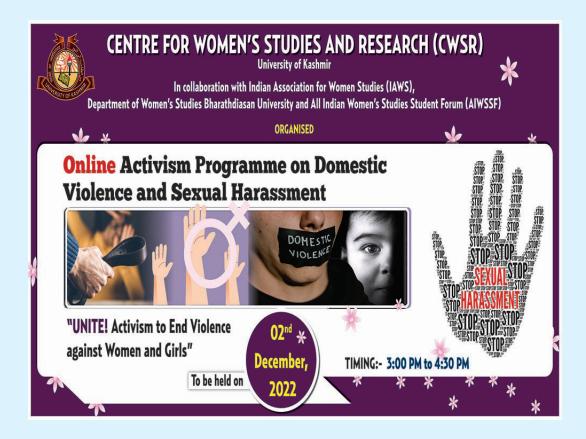
&

All Indian Women's Studies Student Forum (AIWSSF)

Ogranised

Online Activism Programme

**Domestic Violence and Sexual Harassment** 



Event Date: - 02<sup>nd</sup> December, 2022

Venue:- Online
Platform:- Google Meet
Time:- 3:00 P.M. to 4:30 P.M.

# **16 DAYS ACTIVISM**

Centre for Women's Development Studies An autonomous research institute supported by the Indian Council of Social Science Research (ICSSR) Commemoration of the 'International Day for Elimination of Violence against Women- 2024' in collaboration with 16 Universities 16 Days Activism Theme: "Every 10 Minutes, a woman is killed #NoExcuse. UNiTE to End Violence against Women" 25.11.2024 – 10.12.2024 DAY 12 - 05.12.2024 | Time: 11.30 am – 12.30 pm Institution: University of Kashmir.



#### Centre for Women's Development Studies

An autonomous research institute supported by the Indian Council of Social Science Research (ICSSR)

Commemoration of the

'International Day for Elimination of Violence against Women- 2024'

in collaboration with 16 Universities

16 Days Activism

Theme: "Every 10 Minutes, a woman is killed #NoExcuse. UNiTE to End Violence against Women"

25.11.2024 - 10.12.2024

DAY 12 - 05.12.2024 | Time: 11.30 am - 12.30 pm

Institution: University of Kashmir

Event Date: - 05<sup>th</sup> December, 2024

Venue:- Online
Platform:- Google Meet